

Packing List - MS Delta trip

IN A DRAWSTRING BACKPACK or FANNY PACK (at least these items)

- Water Bottle (Nalgene or similar filled at the house each morning and refilled at the worksite)
- Camera
- Cash for unexpected spending/breakfast items
- Hand-sanitizing wipes
- Bible and journal

IN YOUR LUGGAGE

- Snack and breakfast foods
- Work pants and shirts – (For any construction, demo, yard-work, etc...)
 - Comfortable walking sandals are allowed during certain times of the trip – Ex. Chacos
 - Comfortable close-toed shoes (hiking/work boots optional) – will be required for any demo/construction/yard-work project
- Work gloves, if needed
 - Dust mask and eye-protection glasses (sunglasses can be used – eye-wear is required for any demo or construction project)
- Modest shorts and shirts for evenings - Please note:
 - Regarding tops/shirts: Wear only t-shirts with sleeves and modest necklines. Do not wear tank tops. If you wear a sleeveless shirt or shirt with low V or scoop neckline, you will be asked to change. If you do not have t-shirts with sleeves and modest necklines, you will need to purchase or borrow them.
 - Regarding shorts: Do not wear Nike shorts or running shorts. Wear basketball or soccer length shorts. Shorts should be at least mid-thigh. If you wear inappropriate length shorts, you will be asked to change. If you do not have appropriate length shorts, you will need to purchase or borrow them.
 - We reserve the right to ask an individual to change any attire that is not appropriate.
- Underwear and socks
- Sleep wear – Be mindful of our large-room co-ed space for evening's
- Women: Modest attire for Church on Sunday/No jeans or shorts please
- Men: Khakis/Slacks, collared shirt for Church on Sunday
- Clothes for the trip - You can wash if you bring detergent.
- Toiletries
- Flashlight
- Sunscreen and Bug repellent with Deet (spray and/or wipes) – will need in your daily bag/back pack
- Towel and wash cloth
- Extra hand-sanitizing wipes (You will use LOTS of these)
- Medical – any prescription meds you are taking
- Hat to protect you from the sun (women will want something to put their hair up)
- Plastic bag for laundry
- Ear plugs for snoring roommates
- Twin size sheets (Deep pocket size)/Sleeping bag, pillow case, or your own pillow
 - Personal size fans are allowed

